

# Helô

Yn y blwch hwn, fe ddylech chi weld eich adnoddau newydd i'w rhannu â theuluoedd. Yn BookTrust, rydyn ni'n gweithio i helpu teuluoedd sy'n wynebu anfantais, ac rydyn ni wedi dylunio cynllun peilot blynyddoedd cynnar Dechrau Da newydd i'n helpu i wneud hyn. Rydyn ni nawr yn uno â'n partneriaid ledled Cymru i gyflenwi gwahanol elfennau o'r cynllun peilot hwn. Er bod yr adnoddau hyn wedi'u dylunio'n benodol ar gyfer teuluoedd y mae angen help llaw arnyn nhw i ddechrau darllen, gallwch chi dal eu rhannu ag unrhyw un rydych chi'n meddwl y byddai hyn o fudd iddyn nhw.

Os hoffech chi gael unrhyw ganllawiau ar wneud rhodd o'r adnoddau, mae yna awgrymiadau ac adnoddau ar ein hyb adrodd straeon yn [booktrust.org.uk/storytellerwales](https://booktrust.org.uk/storytellerwales) i'ch helpu i roi eich amser stori ar ben y ffordd

## Grym darllen

Mae'n hanfodol cymryd y camau cyntaf at ddarllen gyda phlant yn eu blynyddoedd cynnar. Mae wedi'i brofi bod darllen yn bwysig, nid yn unig ar gyfer datblygiad a chyflawniad addysgol plant, ond hefyd ar gyfer eu llesiant ac i feithrin perthnasoedd. Y plant hynny sy'n wynebu'r rhwystrau mwyaf rhag darllen fydd ar eu hennill mwyaf o'r hwb cynnar y gallwn ni ei roi iddyn nhw.

## Asio'r siwrnai

Rydyn ni eisiau i deuluoedd wybod ein bod ni yma i'w helpu i gael hwyl wrth ddarllen. Gallwch chi eu cyfeirio at ein hyb teuluoedd ar-lein: [booktrust.org.uk/familyhubwales](https://booktrust.org.uk/familyhubwales) lle ceir llond gwlad o syniadau a gweithgareddau iddyn nhw roi cynnig arnyn nhw.

## Un gwreichionyn bach

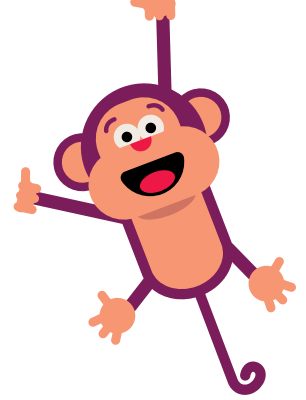
Mae'n bur debyg ichi weld hyn yn digwydd – fel y gall un dudalen, llun neu gymeriad fod yn ddigon i danio diddordeb plentyn mewn stori. Mae'n ddigon i wneud i riant neu ofalwr wenu, hyd yn oed ar ddiwrnod anodd, gan eu hysgogi i fwynhau rhagor o straeon gyda'i gilydd.

Rydyn ni'n gobeithio y bydd y pecynnau hyn yn eich helpu, ym mha bynnag ffordd sy'n gweithio i chi, i greu'r gwreichion hynny ar gyfer y teuluoedd rydych chi'n cwrdd â nhw.

Cwblhewch ein harolwg 2 funud os gwelwch yn dda [booktrust.org.uk/storytellerfeedbackwales](https://booktrust.org.uk/storytellerfeedbackwales) fe fydden ni wrth ein boddau'n cael gwybod sut hwyl rydych chi'n ei chael â'r pecynnau newydd!



# Hello



In this box you should find your new resources to share with families. At Booktrust, we're working to help families facing disadvantage, and we've designed a new Bookstart early years pilot to help us do this. We're now teaming up with partners throughout Wales to deliver different elements of this pilot. Although these resources are designed especially for families who need a helping hand to get started with reading, you can still share them with anyone you think will benefit from them.

If you'd like any guidance on gifting, there are tips and resources on our storyteller hub at [booktrust.org.uk/storytellerwales](https://booktrust.org.uk/storytellerwales) to help you get families started on their own reading adventure.

## The power of reading

Taking the first steps with reading is vital for children in their early years. Reading is proven to be important not just for a child's development and educational achievement, but for their wellbeing and for building relationships. It's the children who are up against the biggest barriers to reading who will gain the most from the early boost we can give them.

## Joining up the journey

We want families to know we're here to help them have fun with reading. You can point them to our family hub: [booktrust.org.uk/familyhubwales](https://booktrust.org.uk/familyhubwales) where there are loads of ideas and activities for them to try.

## A single spark

You've probably seen it happen – a single page, picture or character can be enough to spark a child's excitement in a story. It's enough to make a parent or carer smile even on a tough day, spurring them on to enjoy more stories together.

Our hope is that these packs help you, in whatever way you feel works, to create those sparks for the families you meet.

Please fill out our two minute survey [booktrust.org.uk/storytellerfeedbackwales](https://booktrust.org.uk/storytellerfeedbackwales) - we'd love to know more about our partners and how you get on with the new packs and resources.

With thanks,  
**BookTrust Cymru**



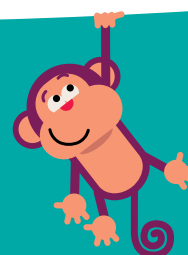
**BookTrust Cymru**

Ysgogi plant i ddarllen  
Getting children reading

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