

Activity Idea:

Finger wiggle fun



- Encourage your little one to wiggle and move starting with their fingers.
- You can name their body parts – move those heads and toes – and describe their movements. Stretch and jiggle, jiggle and have lots of fun

For more activity ideas visit,
booktrust.org.uk/familyhub

Rhyme Time:

One finger, one thumb keep moving



One finger, one thumb keep moving
One finger, one thumb keep moving
One finger, one thumb keep moving
We'll all be merry and bright.
Nod of the head, keep moving...
One finger, one thumb,
one arm keep moving...
One finger, one thumb,
one arm, one leg keep moving...
One finger, one thumb,
one arm, one leg, one

One Finger, One Thumb" (SSCD002) by permission of CYP Music Limited.
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Activity Idea:

Have a picnic!



- Put a blanket or sheet down, get your child's favourite snacks and drinks ready, and have fun with a picnic – outdoors or indoors.
- Bring along your book and the puppet from your pack and have a finger wiggling puppet show picnic together!

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Rhyme Time:

Hands, fingers, knees and toes

Hands, fingers, knees and
toes, knees and toes

Hands, fingers, knees and
toes, knees and toes

Hands, fingers, knees and
toes, knees and toes

And eyes and ears and
mouth and nose

Hands, fingers, knees and
toes, knees and toes

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