



SHARE A DANCE

Keep fit with Bear and Hare!



Hop, hop, hop, 1, 2, 3



Put your arms up,

touch your knees



Stretch to the sky,



turn around



Jump REALLY HIGH,



touch the ground



HOW TO DRAW BEETLE



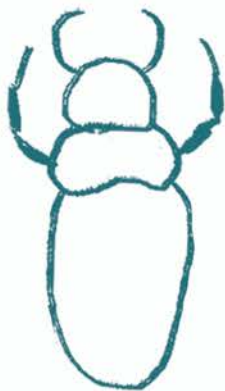
1. Draw a little blob



2. Add another!



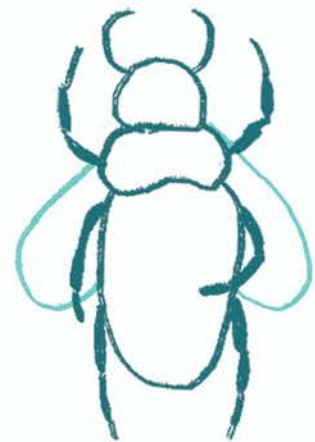
3. Add two antenna
(the wiggly things
on bug's heads)



4. Two arms!



5. And four legs



6. Wings!



7. Add two eyes, a
big smile and some
lines on the wings



8. Colour in
however you
like!

9. Write a way you
shared today!



BEETLE'S SHARING CHART

Draw a picture of how you shared each day!



Monday

Tuesday

Wednesday

Thursday

Friday

