

123 Bumblebee

by Natalie Marshall



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Having fun with the story

- **Bug safari.** Have some fun exploring and see what creatures the children can find! Set up a trail with photo cards or toys around the room, or outside. How many bugs and animals can they spot?
- **Creepy crawly sensory boxes.** Create some sensory boxes by filling small cardboard boxes with different materials to represent different bugs and animals. Try playdough and shells for a snail, slime for a slug, some silly string for a spider's web or some toy bugs. Cover up the boxes and cut a hand sized hole in the lid. Ask the children and adults to feel inside and guess which creepy crawly lives inside the box.

Give babies and parents/carers a sensory treasure basket with pinecones, large shells, playdough, feathers, leaves and other natural objects to explore.

Craft ideas

- **Lolly stick insects.** Gather together some wooden lolly sticks, coloured paper and card, pieces of fabric and other bright, colourful and textured craft materials. Ask the adults to help the children use the materials to create an insect puppet. You can use these puppets to put on a **123 Bumblebee** show, to create a counting game, or to play with when you share the rhymes.
- **Paper chain caterpillar.** Cut coloured paper into five or six strips. Create a paper chain by threading together circles made from the strips of paper. You can add googly eyes to the final circle or draw a face on it. Encourage the children to explore how the caterpillar moves and to count the loops.

Rhymes to enjoy in Welsh

- Deg Pysgodyn Bychan
- Tri Broga Boliog Braf
- Anifeiliaid yn y Parc
- Y Malwen

Rhymes to enjoy in English

- Five Little Speckled Frogs
- Five Little Owls
- Arabella Caterpillar
- Here is the Beehive

You can find these rhymes on our website:

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Gwenynen Brysur 123

gan Natalie Marshall



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Cael hwyl gyda'r stori

- **Saffari trychfilod.** Beth am gael hwyl yn chwilio i weld pa greaduriaid all y plant eu darganfod! Gosodwch lwybr gyda chardiau llun neu deganau o gwmpas yr ystafell neu du allan. Sawl trychfil ac anifail allan nhw eu darganfod?
- **Blychau cyffwrdd a themlo trychfilod.** Crëwch flychau synhwyrus drwy lenwi bocsys cardfwrdd bach â deunyddiau amrywiol i gynrychioli pryfed ac anifeiliaid gwahanol. Gallech drïo toes a chregyn ar gyfer malwod, llysnafedd ar gyfer gwllithen, tipyn o gortyn gwallgo ar gyfer gwe pry cop neu ambell drychfil tegan. Rhowch orchudd dros y blychau a thorrwch dwll digon mawr i law fynd drwyddo yn y clawr. Gofynnwch i'r plant a'r oedolion deimlo tu fewn y bocsy a dyfalu pa greadur sy'n byw yn y blwch!

Rhowch fasged trysor y synhwyrus i'r babis a'u rhieni / gofalwyr sy'n cynnwys moch coed, cregyn mawr, toes, plu a dail i'w darganfod.

Gweithgareddau Crefft

- **Trychfilod pren lolipop.** Casglwch ynghyd breniau lolipop, papur a cherdyn lliwgar, darnau o ddefnydd a deunyddiau crefft lliwgar a llon o ansawdd amrywiol. Gofynnwch i'r oedolion helpu'r plant i ddefnyddio'r deunyddiau i greu pyped trychfil. Gallwch ddefnyddio'r pypedau hyn i gyflwyno sioe **Gwenynen Brysur 123**, i greu gêm gyfri, neu i chwarae â nhw wrth i chi rannu'r rhigymau.
- **Lindys cadwyni papur.** Torrwch bapur lliwgar yn 5 neu 6 strided. Crëwch gadwyn bapur drwy gydio dolenni a wnaed o'r stridedi papur wrth ei gilydd. Gallwch ychwanegu llygaid lloerig ar y ddolen olaf, neu dynnu llun wyneb arni. Anogwch y plant i archwilio sut mae'r lindys yn symud, ac i gyfri'r dolenni.

Rhigymau i'w mwynhau yn Gymraeg

- Deg Pysgodyn Bychan
- Tri Broga Boliog Braf
- Anifeiliaid yn y Parc
- Y Malwen

Rhigymau i'w mwynhau yn Saesneg

- Five Little Speckled Frogs
- Five Little Owls
- Arabella Caterpillar
- Here is the Beehive

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Baby Play

by Skye Silver



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Having fun with the story

- **Peekaboo.** Have fun hiding and finding objects. Invite parents and carers to try using different materials to hide the objects (e.g. scarves, boxes etc) and to reveal them with different sounds and at different speeds. Encourage them to enjoy their baby's reactions.
- **Baby disco.** Play some music or grab some musical instruments and have a baby disco. Explore different sounds and tempos together. Invite parents to try making different sounds and see how their babies react. Explore different actions together, too – stomp, bounce, wriggle and wave your arms in the air.

Craft ideas

- **Light show.** Take some colourful plastic containers with lids and put mini LED lights or torches inside. Turn down the lights in the room and explore the containers with the babies in your group. Stack them, roll them and enjoy the colourful lights.
- **Bubble painting.** Add three tablespoons of bubble solution and two tablespoons of paint to a cup. Mix the paint and bubble solution together. Place a piece of paper on the floor or table. Ask the children to dip a bubble wand or a straw into the bubble paint and then blow out bubbles so they land on the paper to make a colourful bubble painting.

Rhymes to enjoy in Welsh

- Arth Fach, Arth Fach
- Mr Hapus Ydw i
- Un Bys, Dau Bys

Rhymes to enjoy in English

- Open Them, Shut Them
- One Finger, One Thumb, Keep Moving
- Cheek, Chin, Nose

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Baby Play

gan Skye Silver



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Ael hwyl gyda'r stori

- **Pi-po.** Mae sbort i'w gael drwy guddio a dod o hyd i wrthrychau. Gwahoddwch rieni a gofalwyr i geisio defnyddio deunyddiau gwahanol i guddio'r gwrthrychau (e.e. sgarffiau neu focsys) ac i'w datgelu gan ddefnyddio synau gwahanol ar gyflymder gwahanol. Anogwch nhw i fwynhau ymateb eu babi.
- **Disgo babis.** Chwaraewch gerddoriaeth neu cydiwch mewn offerynnau cerdd i gael disgo babi. Chwiliwch am synau a thempos gwahanol gyda'ch gilydd. Gwahoddwch rieni i geisio gwneud synau amrywiol a sylwch sut fydd y babis yn ymateb. Archwiliwch symudiadau gwahanol gyda'ch gilydd hefyd – stompio, bownsio, wiglo a chwifio eich breichiau yn yr awyr.

Gweithgareddau Crefft

- **Sioe oleuadau.** Cymerwch focsys plastig lliwgar â chloriau a rhoi goleuadau LED bach neu fflachlampau ynddyn nhw. Trowch oleuadau'r ystafell yn isel a dechreuwch archwilio'r bocsys gyda'r babis yn eich grŵp. Rhowch nhw mewn pentwr, rholiwch nhw a mwynhewch y goleuadau lliwgar.
- **Peintio swigod.** Ychwanegwch dair llwy fwrdd o hylif swigod a dwy lwy fwrdd o baent i gwpan. Cymysgwch y paent a'r hylif swigod gyda'i gilydd. Rhowch ddarn o bapur ar y llawr neu'r bwrdd. Gofynnwch i'r plant roi blaen ffon y swigod neu welltyn yn y paent swigod a chwythu'r swigod er mwyn iddyn nhw lanio ar y papur a gwneud darlun swigod lliwgar.

Rhigymau i'w mwynhau yn Gymraeg

- Arth Fach, Arth Fach
- Mr Hapus Ydw i
- Un Bys, Dau Bys

Rhigymau i'w mwynhau yn Saesneg

- Open Them, Shut Them
- One Finger, One Thumb, Keep Moving
- Cheek, Chin, Nose

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Octopants

by Suzy Senior



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Having fun with the story

- **Octopus dressing up.** Have fun dressing up as an octopus. Attach long socks, tights or strips of fabric to the arms of the children's jumpers. How would an octopus move? Ask the children to try twirling and swirling their eight arms!
- **Go shopping.** Set up your own shop! Use a large box to design your shop front and decide together what you want to sell. Encourage the children to take it in turns to be a customer or the shop keeper.

Craft ideas

- **Kitchen roll octopus.** Make your octopus tentacles by cutting a kitchen roll tube lengthways until you have cut three quarters of the way down. Do this eight times to make eight legs. Decorate your octopus with paint, sequins and tissue paper. Draw a face or use stick on googly eyes to finish.
- **Bottle aquarium.** Take an empty water bottle and fill three quarters of the bottle with water. Add a few drops of blue food colouring. Invite children and parents/ carers to add sparkles, sequins, slime, sand, small shells and toy fish. Seal the bottle and tape it to make sure it is secure. Let the children have fun moving the bottle around and enjoy watching the fish swim. Move the bottles together as you sing the rhymes and songs.

Rhymes to enjoy in Welsh

- Un a Dau a Thri Pysgodyn
(try changing 'pysgodyn' to 'octopws'!)
- Y Morfil Mawr
- Pwy Sy'n Byw ar Wely'r Môr?

Rhymes to enjoy in English

- Once I saw an Octopus
- Once I Caught a Fish Alive
- The Waves on the Sea

You can find these rhymes on our website:

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Getting children reading Ysgogi plant i ddarllen

Octopants

gan Suzy Senior



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Ael hwyl gyda'r stori

- **Gwisgo fel octopws.** Mae llawer o sbort i'w gael yn gwisgo fel octopws. Rhwch sanau hir, teits neu ddarnau o ddefnydd yn sownd wrth freichiau siwmperi'r plant. Sut fyddai octopws yn symud? Gofynnwch i'r plant geisio chwyrlio pob un o'r wyth braich!
- **Mynd i siopa.** Sefydlwch eich siop eich hun! Defnyddiwch flwch mawr i gynllunio blaen eich siop, a phenderfynwch gyda'ch gilydd beth hoffech chi ei werthu. Anogwch y plant i fynd yn eu tro i fod yn gwsmer neu'n siopwr.

Gweithgareddau Crefft

- **Octopws rholyn papur cegin.** Gnewch eich tentaclau octopws drwy dorri darn canol papur cegin ar ei hyd nes eich bod wedi torri hyd at dri chwarter ffordd i lawr. Gnewch hyn wyth o weithiau i greu wyth coes. Addurnwch eich octopws â phaent, secwins a phapur sidan. Gnewch lun wyneb neu defnyddiwch lygaid lloerig i gwblhau'r effaith.
- **Sw môr mewn potel.** Cymerwch botel ddŵr wag a'i llenwi'n dri chwarter llawn â dŵr. Ychwanegwch ambell ddiferyn o liwiwr bwyd glas. Gwahoddwch y plant a'r rhieni / gofalwyr i ychwanegu sbarclau, secwins, llysnafedd, tywod, cregyn bach a physgod tegan. Seliwch y botel a rhoi tâp gludiog o gwmpas y geg i wneud yn siŵr na fydd yn gollwng dŵr. Gadewch i'r plant fwynhau symud y botel o gwmpas a gweld y pysgod yn nofio. Symudwch y poteli gyda'i gilydd wrth i chi ganu'r rhigymau a'r caneuon.

Rhigymau i'w mwynhau yn Gymraeg

- Un a Dau a Thri Pysgodyn (cyfnewid 'pysgodyn' am 'octopws'!)
- Y Morfil Mawr
- Pwy Sy'n Byw ar Wely'r Môr?

Rhigymau i'w mwynhau yn Saesneg

- Once I saw an Octopus
- Once I Caught a Fish Alive
- The Waves on the Sea

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You

by Emma Dodd



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Having fun with the story

- **Jungle opera.** Put lots of different animal toys into a box. Pass around the group. Each child should pick a toy and make the noise of the animal they have chosen as loudly as possible! For even more fun – everyone can make their noise at the same time! Encourage the adults to help the children explore the textures and colours and think about how the animal moves.
- **Emoji faces.** Create emoji cards by printing out pictures of simple emojis onto sheets of paper. Hold up the cards and ask the children and adults to name the emotion - are they happy, sad, laughing? In the next round hold up each card and ask the children and adults to copy the emoji by pulling their best happy, tired or silly faces.

Craft ideas

- **Handprint monkey.** Draw the branch of a tree on a sheet of paper or card. Ask the children to paint their hands with brown paint and make handprints to form the legs of a monkey hanging off the tree. Make thumbprints for the monkey's neck. Draw a monkey head next to the thumb. Make it as cheeky as you can!
- **Paper plate monkey masks.** Take a paper plate and cut out the middle section. The outer circle will be the frame for your monkey mask. Use the card that you have cut from the inside of the plate to make your monkey ears, and attach them to the outer circle of the plate. Ask the children to decorate the mask with paints and fabrics and attach a wooden lolly stick to hold. Ask the children to stick their faces through the hole in the mask and pull their best grumpy, silly or funny monkey face.

Rhymes to enjoy in Welsh

- Teimlo
- Ffrind i Fi
- Os Wyt Ti'n Hapus

Rhymes to enjoy in English

- If You're Happy and You Know It
- Head, Shoulders, Knees and Toes
- One and Two and Three Bananas

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Ti

gan Emma Dodd



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Ael hwyl gyda'r stori

- **Opera'r jungl.** Rhowch lawer o deganau anifeiliaid gwahanol mewn boc. Pasiwch nhw o gwmpas y grŵp. Dylai pob plentyn ddewis tegan a gwneud sŵn yr anifail a ddewiswyd ganddynt – mor swnllyd â phosib! I gael mwy fyth o hwyl, gall pawb wneud ei sŵn ar yr un pryd! Anogwch yr oedolion i helpu'r plant i archwilio teimlad a lliw a meddwl am sut fydd yr anifail yn symud.
- **Wynebau emoji.** Gwnewch gardiau emoji drwy argraffu lluniau o emojis syml ar ddarnau o bapur. Daliwch y cardiau o flaen y plant a gofyn iddyn nhw a'r oedolion enwi'r emoji – hapus, trist, chwerthin? Yn y rownd nesaf, daliwch bob cerdyn i fyny a gofynnwch i'r plant a'r oedolion gopio'r emoji drwy wneud wyneb mor hapus, blinedig neu wirion ag y gallant.

Gweithgareddau Crefft

- **Mwnci print llaw.** Tynnwch lun cangen coeden ar ddarn o bapur neu gerdyn. Gofynnwch i'r plant baentio eu dwylo â phaent brown a gwneud olion bysedd i fod yn goesau mwnci sy'n hongian oddi ar y goeden. Gwnewch olion bawd ar gyfer gwddf y mwnci. Tynnwch lun pen y mwnci ger y bawd. Cofiwch ei wneud mor ddireidus â phosib!
- **Mwgwd mwnci plât papur.** Cymerwch blât papur a thorri'r darn canol allan. Y cylch allanol fydd ffrâm eich mwgwd mwnci. Defnyddiwch y cerdyn a dorwyd gennych o ganol y plât i wneud clustiau'r mwnci, a rhowch nhw'n sownd wrth gylch allanol y plât. Gofynnwch i'r plant addurno'r mwgwd gyda phaent a defnyddiau, a rhowch bren lolipop yn sownd yn ei waelod i'w ddal. Gofynnwch i'r plant roi'u hwynebau drwy'r twll yn y mwgwd, a gwneud eu hwyneb mwnci surbwch, hurt neu ddoniol gorau.

Rhigymau i'w mwynhau yn Gymraeg

- Teimlo
- Ffrind i Fi
- Os Wyt Ti'n Hapus

Rhigymau i'w mwynhau yn Saesneg

- If You're Happy and You Know It
- Head, Shoulders, Knees and Toes
- One and Two and Three Bananas

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