

ISADORA MOON

Isadora's Show Pack

Act out a story!

You can do anything when you put on your show: dance, sing, do magic tricks, whatever you're good at. You could even try writing a story that you could act out! Read on for some tips:

Characters

First you need to decide who your story will be about. Usually stories are about people, but characters can also be animals, magical creatures, or even toys that have come to life!

Plot

The events that happen in a story are called the 'plot'. You need to decide what will happen to your main character and what they will do. Before you start writing your story, it is helpful to write a very short version of it called a 'plot summary'. Writing a plot summary helps you to remember all the things you want to include in a story.



Problems

Every story needs to have some sort of problem for the main character. The problem can be anything you like, but it has to take some work for the main character to solve.

Easy problems make boring stories. There are a few different ways to make problems more difficult.

1. Didn't work first time

In life, you may not always get something right first time. It's the same in stories. The first thing your character tries might not work for some reason, so they will have to try something else.

2. Obstacles

An obstacle is something which gets in the way. Obstacles are like mini-problems that make the main problem worse.

3. Other People Can Be Difficult!

Another person in your story may want or need or do something that makes things harder for your character.

Your story might have a villain (or 'baddie') who makes things difficult on purpose to be mean, or you might have other characters who accidentally make things more difficult.



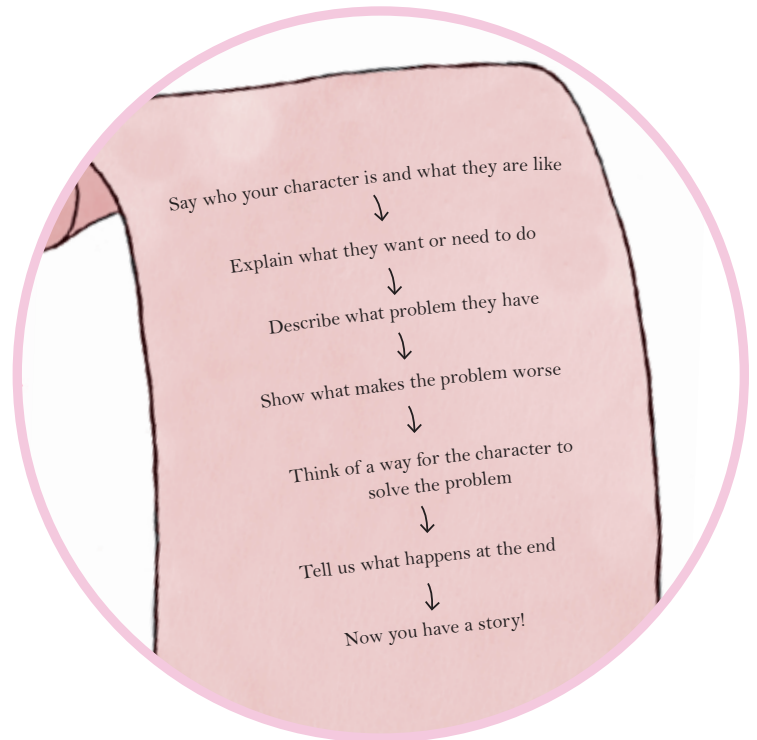
Problem solved

In the final part of the story, you need to show how your character solves their problem. This will depend on the type of character and their exact problem.

Here are some questions you could ask about the solution:

- Did they have to do something, or could they just talk to someone?
- Did they need a special tool to solve their problem?
- Did they need anyone else to help, or did they do it on their own?
- Was the problem somehow different to what they thought?
- Is the problem solved forever, or just for a while?

Here is a rough outline for how to put your story together:



Training your memory

You have to remember a lot when you're putting on a show, so why not play this game to help train your memory? Look at all the pictures below, then turn over the page and write down as many as you can remember. Then check back to see if you've forgotten anything!



How to make a stage

If you're putting on your own show you need somewhere to do it! Here's how to make your very own stage at home.

What you will need:

- ★ Two chairs
- ★ A broom
- ★ A sheet
- ★ String



Method

1. Place your two chairs back to back, about a metre apart.
2. Place the broom over the backs of the two chairs.
3. Pull the chairs apart until around 5cm of your broom handle is hanging over the chair.
4. Secure with string for extra stability.
5. Hang the sheet over the broom handle, so that it touches the floor at the front. This is your stage curtain.
6. At the start of your show come out from behind the curtain!

How to make tickets

To make sure your audience show up at the right time you need to make some tickets! They can be any size or shape, but you need to include the following information:

- ★ The name of your show. You can call it anything you like, the more exciting the better!
- ★ The date and time.
- ★ Where your show is taking place.



How to feel confident

Your stage is set, now it's up to you to perform! But sometimes getting up in front of people can be a bit scary. Here are some tips for how to feel confident when you're putting on a show:

1. Stand up straight, look up, and smile! The way you stand really makes a difference to how confident you look, and how confident you feel inside.

2. Practise on your own until you're happy to perform in front of people.

3. If you're feeling nervous, do some belly breathing. Put your hands on your belly and as you breathe slowly in and out imagine a balloon inflating and deflating. This should really help you to calm down.

5. Remember that nobody is perfect all the time—the only way to improve at something is to keep trying!

4. Pretend that your clothes are a protective suit of armour—when you put on your sweater of strength you become a superstar!

6. Don't compare yourself with other people. You are brilliant at being you, nobody does it better!



Where do you belong in a show?

Take the quiz to find out!

When you are on stage in front of people how do you feel?

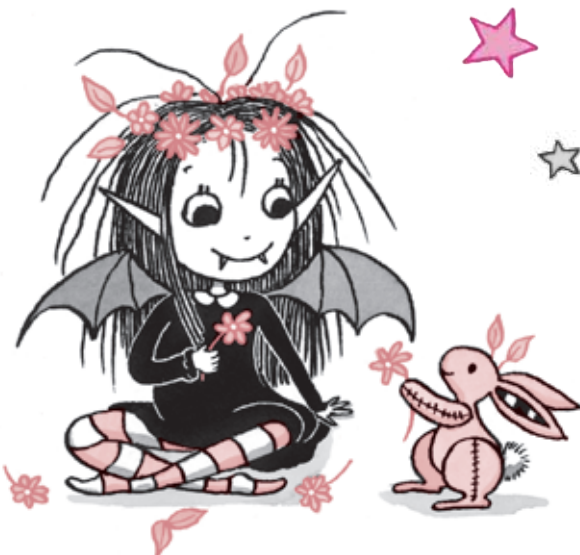
- A. I love performing, it feels amazing!
- B. I would much rather watch others than perform myself.
- C. If I have written down something to say then I don't mind.

What is your favourite thing to do?

- A. Sing and dance.
- B. Look after people.
- C. I love to make up stories.

If you were dancing in your bedroom and heard a crash downstairs what would you do?

- A. I would just carry on anyway, the show must go on!
- B. I would go and investigate, and try to sort it out.
- C. I would make up a story about what could have caused the noise.



Results
You're a born performer. You would be great up on stage!

Mostly As
You prefer not to be centre of attention, but that doesn't mean you can't be part of the show! You would be great backstage, making sure that everything runs smoothly.

Mostly Bs
You might not be totally comfortable performing, but you love creating things for other people to perform. You could be a writer, watching at the side of the stage!

Mostly Cs
You might not be totally comfortable performing, but you love creating things for other people to perform. You could be a writer, watching at the side of the stage!